

Breakfast @ Theos*

Breakfast served until 10:30 a.m.

Egg & Veggie Melt	3.75
Grilled Veggies, Pesto & Provolone on a Toasted French Roll	
Egg & Tillamook Cheddar Sandwich	2.95
w/ Bacon, Sausage or Ham 3.75	
The Dynamite Sandwich	4.50
Bacon, Sausage, Egg, Pepper Jack Cheese, Jalapenos & Sriracha	
Troy Sandwich	4.50
Bacon, Sausage, Egg, & Feta Cheese	
Blue Moon Sandwich	4.50
Bacon, Sausage, Egg, & Blue Cheese	
Breakfast Panini (served with Hash Browns)	4.95
House Breakfast	5.00
2 Eggs, Hash Browns, thick-sliced Bacon or Sausage, Toast & Coffee	
Coffee	1.50

Omelettes*

Served with Home Fries

The Big Fat Greek	7.50
Artichoke Hearts, Sun Dried Tomatoes, Black Olives, Feta Cheese	
The Philadelphia	7.95
Steak, grilled Onions, Bell Peppers and Provolone	
Ham and Cheese	7.50
Ham and Tillamook cheese	

Wafflewiches

Whipped cream cheese & jam	3.75
Nutella w/ raspberry jam or marshmallow creme	3.75
Egg, Tillamook cheddar, Vermont maple cream	3.95
Egg, Tillamook cheddar, sausage or bacon, Vermont maple cream	4.95

Salads

Made with Fresh Crisp Romaine Hearts

	<u>HALF</u>	<u>WHOLE</u>
Cobb	7.50	9.00
Fresh-grilled 6 oz. Chicken Breast, Bleu Cheese Crumbles, Tomato, Egg, Bacon & our Avocado Vinaigrette		
Chicken Caesar	7.25	9.00
Fresh-grilled 6 oz. Chicken Breast, seasoned Croutons & Parmesan Cheese with house-made Caesar Dressing		
Caprese	4.95	6.50
Tomatoes, fresh Mozzarella & Basil Pesto drizzled with Vinaigrette		
House	4.75	6.50
Fresh Vegetables, Egg & house-made Croutons		

Theos Cold Favorites

Served with Lettuce, Tomato, and Provolone

Italian	7.75
Capicola, Prosciutto, Genoa Salami & Roasted Garlic Mayonnaise	
Roast Beef	7.50
We Roast Our Own Beef! Served with Horseradish Mayonnaise	
Turkey Avocado	7.25
Sliced Turkey, thick-sliced Bacon, Swiss, Avocado & Garlic Mayonnaise	
Classic Turkey Cranberry	6.95
Sliced Turkey with Cranberry Mayonnaise	
Pastrami	7.50
House-Cured Pastrami, Swiss Cheese, Pickles & Brown Mustard	
1/2 Sandwich & Soup or Salad Combo	6.25
(1/2 sandwich does not include panini, burgers or Italian sandwich)	

Theos Dips

	<u>HALF</u>	<u>WHOLE</u>
Pastrami Dip	6.25	8.25
Mushrooms, Swiss & Au Jus		
French Dip	6.25	8.25
We Roast Our Own Beef! With Sauteed Mushrooms, Provolone Cheese & Au Jus		

Phillys

Thinly Sliced Beef served with our Roasted Garlic Mayonnaise	<u>HALF</u>	<u>WHOLE</u>
Plain Steak	5.95	7.25
Topped with grilled Onions		
Cheese Steak	6.25	7.75
Grilled Onions and Provolone		
Garlic Cheese Steak	6.50	8.25
Chopped Garlic, grilled Onions & Provolone		
Mushroom Steak	6.50	8.25
Loaded with sauteed Mushrooms		
American Steak	6.50	8.25
Lettuce, Tomato, grilled Onion & Provolone		
Philly Steak	6.50	8.25
Grilled Onions, Red/Green Peppers & Provolone		
Chicken Philly	6.50	8.25
Grilled Chicken Breast, Onions, Red/Green Peppers & Provolone		
Whipped American	6.50	8.25
Lettuce, Tomato, Grilled Onions & Cream Cheese		
Wild Greek	6.50	8.25
Grilled Onions, Black Olives, Pepperoncini & lots of Feta		
The Big Meat		12.00
It Has It All: 6 oz Steak, 1/3 lb. Burger, 2 slices of thick-sliced Bacon, grilled Onions, Cheddar & 2 Eggs		

Panini

Grilled on Rustic Bread with Tomato & Grilled Mayo

Capacolla and Provolone - C.P.T.	7.25
Prosciutto and Provolone - P.P.T.	7.25
Turkey and Provolone - T.P.T.	7.25

Burgers*

1/3 All-natural Beef, Flame Broiled, served with our Roasted Garlic Mayonnaise, Lettuce & Tomato

Joe Burger	4.95
Ketchup, Mustard & Pickles	
Joe Burger Box	6.50
Joe Burger, Chips, Fountain Drink & a Cookie	
Cheese Burger	6.75
Comes with three cheeses: Tillamook cheddar, Provolone & Swiss	
5th Ave	7.75
Grilled Onions & Pepper jack	
Avocado Bacon	7.75
Thick-sliced Bacon, Tillamook cheddar & Avocado	
Bac-N-Bleu	7.75
Bleu Cheese Crumbles & thick-sliced Bacon	
B.B.Q. Bacon Burger	7.75
Thick-sliced Bacon, grilled Onions, Tillamook cheddar & B.B.Q. Sauce	
Tillamook Cheddar Bacon	7.75
Thick-sliced Bacon & Tillamook cheddar	
Mouth Of Fire	7.75
The spicy one! Red Pepper Flakes, Pepper jack, Jalapenos & our special Cajun Seasoning with a Little Hot Sauce	
Mushroom Cajun	7.75
Fresh sauteed Mushrooms, our special Cajun Seasoning & Provolone	
Mushroom Swiss	7.75
Fresh sauteed Mushrooms & Swiss Cheese	
Chicken Burger	7.75
Grilled chicken breast topped with Avocado, Bacon & Pepper jack	
Wild Alaskan Salmon Burger	8.50
Grilled Wild Salmon Filet with chopped Onions & Lemon-Caper Mayo	
Theo Burger	7.95 / 8.95
1 or 2 Patties, Canadian Bacon, Egg, Tillamook cheddar, Mushrooms & Maple Onion Marmalade	
Heart Stopper	11.00
3 Patties! 3 slices of thick-sliced Bacon & Tillamook cheddar. Topped with a Fried Egg	

Hot Dogs

Naked Dog	4.00
1/4 lb. Hebrew National Kosher Dog with your choice of Condiments	
Chicago Dog	5.00
1/4 lb. Hebrew National Kosher Dog served with Mustard, Relish, chopped Onion, Tomato, Cucumber, Peppers & a dash of Celery Salt	

Vegetarian Favorites

Veggie Sandwich	6.95
Sliced Cucumber, Mushrooms, Olives, Tomatoes, Bell Peppers, Lettuce, Provolone, Garlic Mayonnaise, & Basil Pesto	
Veggie Melt	6.95
Grilled Onions, Bell Peppers, Mushrooms, Olives, Tomatoes, Melted Provolone, Roasted Garlic Mayonnaise & Basil Pesto	
Caprese Panini	6.95
Sliced Tomatoes and melted Mozzarella with Lettuce & Basil Pesto drizzled with Vinaigrette grilled on Rustic Bread	
Garden Burger	6.95
Garden Burger Original Veggie Burger, sauteed Mushrooms, Tillamook cheddar, Lettuce, Tomato, & Avocado	

Bucket of Hand-Cut Fries 4.95

Served with your choice of dipping sauce: cilantro mayo, ranch, rosemary ketchup, firecracker, dunkadelic, honey mustard basil or joe sauce

Substitute a Side of Fries to any order 1.00

ALL SANDWICHES SERVED WITH YOUR CHOICE OF **TIMS CHIPS, GREEN SALAD, HOUSE-MADE RED POTATO SALAD OR SOUP.** SUBSTITUTE A SIDE OF **HAND-CUT FRIES** TO ANY ORDER FOR \$1.00

* CONSUMING RAW OR UNCOOKED MEATS, POULTRY, SEAFOOD, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

ASK ABOUT OUR GLUTEN-FREE OPTIONS

OPEN UNTIL 4AM (FRI & SAT)

CALL FOR CATERING & DELIVERY

503.226.2828



Box Lunches \$9.25 each

Each lunch includes Gourmet Cookie, Tims Chips, soda or bottled water.

Classic Turkey

Cranberry Mayonnaise, Provolone, Lettuce & Tomato

Turkey Avocado

Avocado, thick-sliced Bacon, Swiss, Mayonnaise, Lettuce & Tomato

Roast Beef

We roast our own Beef! Horseradish Mayonnaise, Provolone, Lettuce & Tomato

Italian

Capicola, Prosciutto, Genoa Salami, Pepper Jack, Roasted Garlic Mayonnaise

Vegetarian

Mushrooms, Olives, Avocado, Cucumber, Bell Peppers, Lettuce, Tomato & Pesto

Sandwich Platters

Great for meetings and more.
Talk to us for details.

UP EARLY? We serve a fully-loaded house breakfast for \$5.00 and breakfast sandwiches starting at \$2.95. Quick and tasty!

LUNCH MEETING IN THE PEARL? VISITING THE CHINESE GARDENS, OR JUST CYCLING BY?

We have something for every tastebud from all natural beef burgers, Philly steak sandwiches, hand-cut fries, salads, cold sandwiches, sodas, beer & wine.

HUNGRY AFTER A SHOW AT THE ROSELAND OR A NITE OF GAMING AT GROUND CONTROL?

Satisfy that late-night craving with breakfast sandwiches (with or without steak), Theos own Wafflewiches, all natural beef burgers, Philllys, hand-cut fries and more. Open until 4am, Friday & Saturday, it's a perfect way to end your evening.

www.theospdx.com

Theos serves hearty and honest food, at wallet-friendly prices. We proudly feature:

Tillamook Cheddar Cheese

Vermont Maple Cream

Portland French Bakery Breads

Tims Cascade Style Potato Chips

Garden Burgers

All Natural Ground Beef

We prepare our dipping sauces and dressings, slow-roast our sliced beef, and hand-cut our french fries.

Hours:

MON-WED 7:30am-8pm

THURS 7:30am-10pm

FRIDAY 7:30am-4am

SATURDAY NOON-4am

SUNDAY CLOSED

**OPEN UNTIL 4AM ON FRI & SAT
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